OCTOBER FISHING ADVICE



TACTICS



There was a time when trout fishing in October was frowned upon but whether it is due to changing weather patterns or social morays times have changed and sneaking that extra last day on a crisp autumn morning always seems that little bit special.

This is the month that you will notice the trout and grayling competing for food. It will not be uncommon to see a shoal of fifteen or twenty grayling around a single trout. From the anglers point of view the competitive element can help, but shoals are easily spooked and their headlong dash up river may put down every fish in the vicinity.

With this in mind be very stealthful, casting only when necessary. Use the finest tippet and cast well upstream or away from your target fish letting the current do the rest for you.

TIPS TO MATCH THE HATCH

By October it is getting easier to match the hatch as there are fewer and fewer hatching species as we approach the end of the year.

Iron Blue

A catch all term for three different species but you will have to be a true entomological anorak to notice the difference. These are insects that like to hatch on cold, wet blustery days so ideal for the autumn.



Lunn's Particular #16 Iron Blue Dun #16 Sawyers Pheasant Tail Nymph #16

Iron Blue Dun

Large Dark Olive

After a summer break the large dark olives are back and this is a chance to use one of the modern chalkstream classics, the Kite's Imperial made famous by Olly Kite in the 1970's.



Kite's Imperial #14 Klinkhammer #14-16 Sawyers Pheasant Tail Nymph #14

Pheasant Tail Nymph

Pale Watery

This is an imitation to put in your box from mid-September that will stand you in good stead for the remainder of the trout season and grayling into November.

Tups Indispensable #14-16 Sherry Spinner #14-16 Parachute Adams #14-16 PVC Nymph #16



Parachute Adams

Midges

Midges or 'buzzers' are incredibly prolific and the staple for stillwater anglers, but are equally effective on rivers where they are less commonly used. Fish the bloodworm close to the river bed, but try the buzzers at varying depths.



Deep Nymph - Bloodworm #12 Common Nymph - Buzzer #14-18 Emerger - CDC Shuttlecock #14 Adult - Knotted Midge #16

Bloodworm

Shrimp

Shrimps are one of the most common creatures trout eat and about the only one they actively search for. You will see both grayling and trout rooting around at the riverbed trying to dislodge shrimps amongst the gravel.



Weighted shrimp #12-14

Green Shrimp